EASTERN SHORE COMMUNITY SERVICES BOARD
Minutes
September 8, 2026

The regular monthly meeting of the Eastern Shore Community Services Board was held on Tuesday, September 8, 2026 at the Administration office, 24233 Lankford Highway, Tasley, VA 23441.

Members Present:

Ms. Eve Belote
Mr. Richard Freeman
Ms. Anne Payne
Dr. Peggy Shaeffer
Ms. Roxane Ward
Ms. Judy Worthington

Others Present:

Ms. Lisa Sedjat, Executive Director
Ms. Kelly Bulin, Chief Operating Officer
Ms. Sharon Jones, Finance Director
Ms. Charmin Horton, Prevention Services Coordinator
Ms. Barbara James, Office Services Specialist

Absent:

Ms. Cynthia Wilder

Ms. Belote, Chairman, called the meeting to order at 9:00 am.

Approval of Minutes –

Ms. Worthington made a motion to approve the July 14, 2026 minutes. Mr. Freeman seconded, and they were approved unanimously by a voice vote.

Finance Director's Report –

Ms. Jones referenced the board report that is appended herewith.

There was discussion.

Ms. Worthington made a motion to do renovations and repairs to Dunne Avenue office

up to $400,000. Mr. Freeman seconded, and it was approved unanimously by a voice vote.

Ms. Jones stated Missy Arp was doing a great job in the Finance Department.

Public Comment –

There was none.

Items Requiring Board Action –

There was none.

Executive Director –

Ms. Sedjat referenced the board report that is appended herewith.

Ms. Sedjat stated effective September 15, 2026, outpatient services will resume full access for all individuals.

Ms. Sedjat stated a family expressed appreciation for Sharon Becket's guidance in identifying and facilitating a referral to DARS when those services were a better fit than CSB services, highlighting person-centered decision-making and effective community collaboration.

Ms. Sedjat stated Kate Bonniwell sent an email reminding us of the positive impact we have on those we serve in our Psychsocial Rehabilitation Program (PSR).

There was discussion centered around the negative impacts the Behavioral Health Redesign will have on our PSR program.

Ms. Sedjat stated the CSB August newsletter featured LaShaun Boatwright in the Employee Spotlight. LaShaun's recent promotion reflects the organization's commitment to developing talent and promoting opportunities for professional growth from within.

Ms. Sedjat stated she received an email from Miracle Handy, LPN, stating her appreciation about workforce development opportunities.

Ms. Sedjat stated staff celebrated National Ice Cream Day, an employee engagement initiative suggested by Kiea McCrary.

Ms. Sedjat stated in the July Leadership Team meeting she presented the revitalization of the Core Values and our mission. A new portion of the Employee Newsletter pointing out

how certain employees are exemplifying our Core Values.

Ms. Sedjat discussed Sharon Jones proactively seeking clarification from DBHDS regarding conflicting Performance Contract reporting requirements. Her diligence reflects a strong commitment to compliance, accuracy, and accountability.

Ms. Sedjat stated we were asked to debrief with the Exmore PD and the VA LEAP team, for a few officers who were involved in critical shootings in July, 2026.

There was discussion and will be edits to SRM 023 All Hazards Preparedness and Recovery Plan.

Disability Program Reports-

Clinical Services and Quality Improvement –

Ms. Sedjat referenced the board report that is appended herewith.

Prevention-

Ms. Sedjat referenced the board report that is appended herewith.

Ms. Horton gave a short talk on Virginia Homeless Solutions Program (VHSP) Rapid Rehousing.
Ms. Horton stated we have hired a new employee as a Housing Navigator.

There was discussion.

Ms. Horton stated there is a play, Every Brilliant Thing, September 10, 2026, 6:00 pm, Cape Charles Impact Center.

Developmental Services –

Ms. Sedjat referenced the board report that is appended herewith.

Human Resources –

Ms. Sedjat referenced the board report that is appended herewith.

Ms. Sedjat stated there had been several recruitment position changes within CSB.

IT Director –

Ms. Sedjat referenced the board report that is appended herewith.

Old Business –

There was none.

New Business –

Ms. Sedjat passed out the VACSB Brochure.

Ms. Sedjat stated there will be a DBHDS mandatory meeting September 8, 2026, 9:00 am-12:00 pm or 1:00-4:00 pm.

Dr. Shaeffer made a motion to adjourn the meeting and Mr. Freeman seconded. The motion was passed unanimously and the meeting adjourned at 10:13 am.

The next board meeting will be Tuesday, October 13, 2026 at 9:00 am.

Barbara James, Recording Secretary
These minutes are subject to full Board Approval.