

24-Hour Emergency Services

1-800-764-4460
(757) 442-7707



Eastern Shore Recovery Resources

Find us at
www.escsb.org
Follow us
@EasternShoreCSB



Emergency Services

Eastern Shore CSB

24233 Lankford Hwy
Tasley, VA 23441
(757) 442-7707



Suicide & Crisis Lifeline

988

Poison Helpline

1-800-222-1222

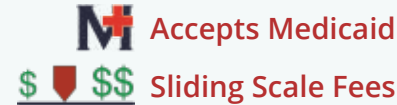
Riverside Shore Memorial Hospital ER

20480 Market St
Onancock, VA 23417
(757) 302-2350



SAMHSA National Helpline

1-800-662-HELP (4357)



Support Groups

Alcoholics Anonymous (AA)

aaeasternshoreva.org
(757) 350-0466

Al-Anon

bit.ly/esalanon
(757) 787-2681

Narcotics Anonymous (NA)

17308 Main Street
Painter, VA 23420
Thursdays at 7 PM

Narcotics Anonymous - Tidewater Region

www.VirginiaBeachNA.org
1-800-777-1515

SMART Recovery

Eastern Shore CSB
(757) 665-5041

Senior Services

Eastern Shore Agency on Aging

5432 Bayside Rd
Exmore, VA 23350
(757) 442-9652



Inpatient Facilities

CHKD - Children's Behavioral Health

601 Children's Ln
Norfolk, VA 23507
(757) 668-4673 (HOPE)

Riverside Behavioral Health

2244 Executive Dr
Hampton, VA 23666
(757) 827-1001



TidalHealth Peninsula Regional

100 E Carroll St
Salisbury, MD 21801
(410) 543-7162



Virginia Beach Psychiatric Center

1100 First Colonial Dr
Virginia Beach, VA 23454
(757) 627-5433

Therapists

Eastern Shore CSB

18469 Dunne Ave
Parksley, VA 23421
(757) 665-5041



Meridian Psychotherapy

4509 Whitechapel Dr
Virginia Beach, VA 23455
(757) 460-4655

National Counseling Group

36086 Lankford Hwy, Suite 308
Belle Haven, VA 23306
(757) 837-0046

Pathfinders

16198 Warehouse Rd
Melfa, VA 23410
(757) 787-9517

Peacewerks Center for Well-Being

3100 Main St
Exmore, VA 23350
(757) 656-3460

Drug Take-Back Locations

Accomack Co Sheriff's Office

23323 Wise Ct
Accomac, VA 23301
(757) 787-1131

Chincoteague Police Department

6150 Community Dr
Chincoteague, VA 23336
(757) 336-3155

CVS Pharmacy

25201 Lankford Hwy
Onley, VA 23418
(757) 787-1810

Exmore Police Department

3305 Main St
Exmore, VA 23350
(757) 302-2350

Northampton Co Sheriff's Office

5211 The Hornes
Eastville, VA 23347
(757) 678-0460

Buprenorphine/naloxone (Suboxone®) Providers

Eastern Shore CSB

18469 Dunne Ave
Parksley, VA 23421
(757) 665-5041



Meridian Psychotherapy

4509 Whitechapel Dr
Virginia Beach, VA 23455
(757) 460-4655



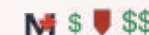
Open Arms & Hearts

1532 Ocean Hwy
Pocomoke City, MD 21851
(443) 437-7128



Worcester Co Health Dept

400 Walnut Street, Suite A
Pocomoke City, MD 21851
(410) 632-1100



Outpatient Treatment

Affinity Healthcare Group - Franklin

1333 Carrsville Hwy
Franklin, VA 23851
(757) 304-9857

Affinity Healthcare Group - Newport News

6000 B Jefferson Ave
Newport News, VA 23605
(757) 933-2660

Agape Counseling

15249 Arthurs Ct, Suite 16
Belle Haven, VA 23306
(757) 656-4589

American Addiction Treatment Center - Newport News

12695 McManus Blvd, Building 2
Newport News, VA 23602
(757) 234-4139

BHG Chesapeake Treatment Center

3322 Western Branch Blvd, Suite A
Chesapeake, VA 23321
(757) 673-3644



BHG Newport News Treatment Center

6000 B Jefferson Avenue
Newport News, VA 23605
(757) 933-2660



BHG Virginia Beach Treatment Center

5715 Princess Anne Rd.
Virginia Beach, VA 23462
(757) 962-0748



BrightView - Chesapeake

209 Research Dr, Suite 102
Chesapeake, VA 23320
(866) 934-7450

BrightView - Chesapeake South

516 Innovation Dr, Suite 102
Chesapeake, VA 23320
(866) 934-7450

BrightView - Newport News

11745 Jefferson Ave, Suite 10B
Newport News, VA 23606
(866) 934-7450

BrightView - Suffolk

2790 Godwin Blvd
Suffolk, VA 23434
(866) 934-7450

BrightView - VA Beach

101 N Lynnhaven Rd, Suite 100
Virginia Beach, VA 23452
(866) 934-7450

Chesapeake Integrated Behavioral Healthcare

224 Great Bridge Blvd
Chesapeake, VA 23320
(757) 547-9334



Chesapeake Treatment Center

12417 Ocean Gateway, Suite 7
Ocean City, MD 21842
(443) 373-2113

Colonial Behavioral Health

1659 Merrimac Trail
Williamsburg, VA 23185
(757) 220-3200



Crossroads Treatment Center

1258 Holland Rd
Suffolk, VA 23434
1-800-805-6989

Eastern Shore CSB

18469 Dunne Ave
Parksley, VA 23421
(757) 665-5041



Farley Center

5477 Mooretown Rd
Williamsburg, VA 23188
1-888-707-3220

Hampton Mental Health Associates

2208 Executive Dr, Suite A
Hampton, VA 23666
(757) 826-7516

Hampton-Newport News CSB

300 Medical Dr
Hampton, VA 23666
(757) 788-0400



Hampton Veterans Affairs (VA)

100 Emancipation Dr
Hampton, VA 23667
(757) 722-9961



The Healing Place of Richmond

700 Dinwiddie Ave
Richmond, VA 23224
(804) 230-1184

Integrated Health Services - Hampton

2 Eaton St, Suite 1103
Hampton, VA 23669
(757) 838-1894

Integrated Health Services - Norfolk

6330 Newtown Rd, Suite 615
Norfolk, VA 23502
(757) 838-1894

Lower Shore Clinic

505 E Main St
Salisbury, MD 21804
(410) 341-3420

Maryview Behavioral Medicine Center

3636 High St
Portsmouth, VA 23707
(757) 398-2367

McGuire Veterans Affairs (VA)

1201 Broad Rock Blvd
Richmond, VA 23249
(804) 675-5000



Middle Peninsula-Northern Neck CSB

13794 Tidewater Trail
Saluda, VA 23149
(804) 758-8014



National Counseling Group

36076 Lankford Hwy
Belle Haven, VA 23306
(757) 837-0046

Norfolk CSB

7447 Central Business Park Dr
Norfolk, VA 23513
(757) 756-5600



Oasis Counseling Center

1919 Commerce Dr, Suite 400
Hampton VA 23666
(757) 301-7129

Open Arms & Hearts

1532 Ocean Hwy
Pocomoke City, MD 21851
(443) 437-7128

Partners in Recovery

400 Medical Dr
Hampton, VA 23666
(757) 788-0400

Portsmouth CSB

1811 King St
Portsmouth, VA 23704
(757) 393-5357



Project LINK

500 Medical Dr, Suite B
Hampton, VA 23666
(757) 788-0500

Richmond Private Methadone Clinic

4926 W Broad St
Richmond, VA 23230
(804) 673-5241

Richmond Southside Treatment Center

9609 Jefferson Davis Hwy
Richmond, VA 23237
(877) 284-7074



Richmond Treatment Center

2217 E Franklin St
Richmond, VA 23223
(877) 284-7074



River City Comprehensive Counseling

2604 N Parham Rd
Richmond, VA 23294
(804) 230-0999



Rock Landing Psychological Group

11825 Rock Landing Dr
Newport News, VA 23606
(757) 873-1736



Salvation Army Adult Rehabilitation

5560 Virginia Beach Blvd
Virginia Beach, VA 23462
(757) 497-2782



SMART Recovery - Eastern Shore CSB

18469 Dunne Ave
Parksley, VA 23421
(757) 665-5041



South-Eastern Family Project

2351 Terminal Ave
Newport News, VA 23607
(757) 245-1070

Southstone Recovery Center

3046 Carlbrook Rd
South Boston, VA 24592
(434) 272-7050

Substance Abuse and Mental Health Services Administration

www.SAMHSA.gov

Virginia Beach CSB

(757) 385-0511



Virginia Beach Methadone Clinic

1728 Virginia Beach Blvd, Suite 113
Virginia Beach, VA 23454
(757) 437-0411

Western Tidewater CSB

7025 Harbour View Blvd, Suite 119
Suffolk, VA 23435
(757) 758-5106



Local Pharmacies

Atlantic Community Pharmacy

7001 Lankford Hwy
Oak Hall, VA 23416
(757) 824-4477

CVS Pharmacy

25201 Lankford Hwy
Onley, VA 23418
(757) 787-1810

Rayfield's Pharmacy

2 Fig St
Cape Charles, VA 23310
(757) 331-1212

Rayfield's Pharmacy

9502 Hospital Ave
Nassawadox, VA 23413
(757) 442-6159

Walgreens

4053 Lankford Hwy
Exmore, VA 23350
(757) 442-8542

**First responders carry
naloxone and are trained
to administer**