

EASTERN SHORE COMMUNITY SERVICES BOARD
Minutes
September 10, 2019

The regular monthly meeting of the Eastern Shore Community Services Board was held on Tuesday, September 10, 2019 at the Eastern Shore Behavioral Healthcare Center in Parksley, Virginia.

Members Present:

Mrs. Eve Belote
Mr. Richard Hubbard
Ms. Janice Langley
Ms. Sandy Taylor
Ms. Gina Williams-Conference Call
Ms. Joan Wilson

Others Present:

Ms. Lisa Sedjat, Executive Director
Mr. Thom Dix, III, Director of Finance and Administration
Ms. Kelly Bulin, Dir. of Program Development, Planning & Prevention Svcs.
Ms. Kathleen O'Keefe, Developmental Services Program Director
Mr. Damien Greene, IT Director
Ms. Barbara James, Office Services Specialist

Absent:

Ms. Marva Annis
Mr. Robert Bloxom
Mr. Andre Elliott
Dr. Nicholas McClean-Rice, Medical Director
Mrs. Molly Walker, Director of Clinical Services & Quality Improvement

Mr. Hubbard, Vice-Chairman, called the meeting to order at 9:01 am.

Approval of Minutes –

Ms. Wilson made a motion to approve the August 13, 2019 minutes. Mrs. Belote seconded, and they were unanimously approved by a voice vote.

Public Comment –

Mr. Bill Baird introduced himself and stated he had moved here last October to Modest Town. He retired last May after working 33 years at Henrico CSB and would like to attend the meeting. Everyone introduced themselves.

Items Requiring Board Action –

There were none.

Executive Director –

Ms. Sedjat referenced the board report that is appended herewith.

Ms. Sedjat stated as of September 1, 2019 ES CSB has a census of 2 at Eastern State Hospital which remains the lowest in the Region and tied for the lowest in the state.

Ms. Sedjat stated we continue to support and collaborate with Bay Rivers Telehealth Alliance to conduct a Needs Assessment and develop a Strategic Plan for the rural counties of the Middle Peninsula, Northern Neck and Eastern Shore to develop Telehealth Enabled innovations to respond to the Opioid Crisis.

Ms. Sedjat stated the ESCSB has a new radio ad on three radio stations.

Ms. Sedjat stated the ESCSB continues to be in contact with and supporting lower Northampton County with resources such as a full display at the public library in Cape Charles, free Mental Health First Aid Classes as well as Lock & Talk program.

Ms. Sedjat would like some clarification on Leadership Training. There was discussion.

Ms. Sedjat stated the Strategic Planning meeting will be at the October board meeting.

Ms. Sedjat stated five of the Board Member bio's have been submitted.

Ms. Sedjat stated Mr. Hubbard will attend the September 19th Anniversary luncheon.

Ms. Sedjat passed out information from the Behavioral Health Redesign Stakeholder Workgroup meeting.

Treasurer's Report –

July represents the first month of fiscal year 2019. For the month of July, revenue exceeded expenses by approximately \$112 thousand. Credible billing totaled \$577 thousand for the month of July. This is roughly unchanged from the year ago period and marks the first month in several in which a decline was not noted. July's totals also improved upon those of June, (\$518

thousand). State revenue during the month of July was enhanced by the receipt of \$35 thousand of one-time money to facilitate CIT training in FY20.

You will note that July was the first month for which we began to pay health insurance premiums on the new policy. Initial reporting would indicate that we will recognize some modest year-over-year savings - nearly \$8 thousand in the first month.

The balance sheet for the CSB remained largely stable during the month of June with no material shifts in asset or liability mix. You will note that we did contribute \$100 thousand to our investment account at Wells Fargo during the month of July to improve our interest income. The other source of decline in cash balances at AUB stems from our FY20 insurance policy premium with VACORP, (\$102 thousand).

We have been working with DBHDS to validate assumptions which led to the reductions in our unrestricted general funding as it relates to Medicaid expansion in Virginia. Our most recent submission covered services completed by CSB from January 1 – April 30, which were then extrapolated through May for DBHDS purposes. Initial estimates indicate that through May, CSB has recouped ~30% of funding reductions. Our first submission resulted in a make-whole payment of \$37 thousand in August. The second iteration of this report will be due later in the month. I would not anticipate subsequent make-whole payments of this size.

We have filed our year-end financial report with DBHDS.

It continues to be the case that Mendisadd is able to defray the cost of improvements to its real estate assets with cash flow from operations. We have started to see Mendisadd account balances increasing modestly. We will re-amortize the inter-affiliate loan between CSB and Mendisadd in order to increase cash flow to CSB.

The only ongoing capital project of significance at this time is the replacement of the kitchen floor at our PSR building in Parksley.

There has been no activity with respect to our listing in Nassawadox.

One of our tower tenants, Eastern Shore Communications has been acquired by the parent company of Neubeam, Declaration Networks Group. We are in the process of negotiating a new lease with the acquirer to maintain lease income associated with our tower.

Disability Program Reports-

Clinical Services and Quality Improvement –

Mrs. Walker was unable to attend.

Ms. Sedjat referenced the board report that is appended herewith.

Ms. Sedjat stated the ESCSB needs to interview clinicians.

Prevention-

Mrs. Bulin referenced her board report that is appended herewith.

Mrs. Bulin stated grants for \$100,000 had been submitted to the State General Funds for the expansion of MAT & targeted Peer Recovery services to community-based sites including jails, hospital emergency room and primary care clinics.

Mrs. Bulin stated \$125,000 had been submitted for suicide prevention funding and \$13,000 had been awarded for the continuation of Mental Health First Aide courses.

Mrs. Bulin stated a web designer or web manager is needed for the Community Partners of the Eastern Shore website. Prevention Staff are currently providing maintenance for the site until a vendor can be contracted.

Mrs. Bulin stated in order to raise awareness of the ESCSB's services and behavioral health and wellness, three radio stations will be promoting this. CTG Variety Radio, Wow That's Country 99.3, and Bay Country 97.9. Also, will be setting up ads on WESR 103.3.

Mrs. Bulin stated there will be a DBHDS on site review for Prevention Services on October 31, 2019.

Mrs. Bulin stated the mobile unit has been licensed and Chincoteague Island has returned the formal agreement. She will be meeting with ESCC and Northampton County host site in September.

Medical Director-

Dr. McClean-Rice was unable to attend.

Ms. Sedjat stated there was a phone interview of a Psychiatrist and he will be visiting on September 20, 2019. This is a full-time Psychiatrist not replacing the Medical Director.

Developmental Services –

Ms. O'Keefe referenced the board report that is appended herewith.

Ms. O'Keefe stated the Franktown House has been licensed.

Ms. O'Keefe stated they have put out oyster cages at different locations as part of the Chesapeake Bay Foundation. There was discussion.

Human Resources & Finance Director –

Mr. Dix stated Clinicians, Developmental Disabilities Aides, Crisis Stabilization Case Manager, and Drivers are needed.

Mr. Dix referenced the financial report for the month ended July 31, 2019.

IT Director –

Mr. Greene referenced his board report.

Old Business –

Ms. Sedjat passed around a copy of her job description, accomplishments and guidelines.

Ms. Sedjat passed around a letter from J.J. Justis with Accomack County Health Department thanking the ESCSB for their participation with the immunization program as there is a breakout of Hepatitis A on the Eastern Shore.

Ms. Sedjat passed around a copy of the VACSB annual report.

New Business –

There was none.

Mrs. Belote made a motion to adjourn the meeting, and Ms. Taylor seconded. The motion was passed unanimously and the meeting adjourned at 10:10 am.

The next board meeting will be Tuesday, October 8, 2019 at 9:00 am.

Barbara James, Recording Secretary/Ms. Joan Wilson, Secretary
These minutes are subject to full Board Approval.